



# PARENT-CHILD HOME PROGRAMME



## Parent-Child Home Programme is designed to build school readiness where it starts: the home



### About PCHP

PCHP supports the home-learning environment by working closely with parent and child and aims to increase school readiness, improve social-emotional skills and increase a family's engagement with appropriate services and social networks.



It is delivered in the home through twice-weekly visits, for up to **two years** by trained home visitors (either paid or volunteer).

Every family receives at least **92 home visits** over the course of the programme. PCHP addresses a range of outcomes for parents, including a child's cognitive gains, social and emotional gains, and home environment outcomes.



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## PCHP benefits

- ❑ Supports 2-3 year olds from low-income families for two years
- ❑ Books and toys provided are developmentally appropriate and given to the family
- ❑ Well-trained, supervised staff/volunteers are role models for the family
- ❑ Emphasis is on the critical role of parent-child interaction in strengthening families and preparing children for school and success in life
- ❑ PCHP is delivered by community-based early literacy specialists who know the community and its resources.





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## What happens on PCHP?

- Structured 15 month programme – twice weekly
- Up to 92 visits
- Trained home visitors (either staff or volunteers)
- Free toys and books
- Guide sheets
- Home language
- Site Coordinator
- Home visitors receive initial and ongoing training and supervision



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## Does PCHP work?

PCHP has a strong evidence base of effectiveness in the US. Children on the programme:

- are 50 per cent more likely to measure ready for kindergarten
- score 2.5 times higher on social-emotional skills assessment than their peers
- enter school performing 10 months above their chronological age.



Please see the PCHP website for further information on evidence:

[www.parent-child.org](http://www.parent-child.org)



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## Delivering PCHP in your area

PCHP is an ideal programme to support those families who are not accessing the free two-year-old childcare entitlement, and who are at risk of entering school significantly behind their peers.

## Apply to deliver PCHP

We are able to offer 10 areas subsidised training to deliver PCHP using volunteers. The training will start in October/November 2018.

Cost of training, licence, two years' support and certification is normally £7,000 per site. We have subsidies of up to 50% available.

**Closing date for EOI is 31 July 2018**





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### You will need to be able to commit to the following to be eligible:

- Deliver PCHP to at least 20 families in your area, starting within 3 months of the training
- Employ one or more co-ordinators to oversee delivery and manage volunteers. (This could be part of an existing role or a new post. If a new role, it is recommend that they manage no more than 25 volunteers)
- Recruit, train and supervise 20 volunteers who will deliver PCHP
- Fund the books and toys which are left with the families (average cost per family for books and toys is £290)
- Funding volunteer travel expenses

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## You will need to maintain fidelity to the PCHP principles which includes:

- Twice weekly home visits to families for 30 minutes, for at least 46 weeks
- Visits involve the parent and child
- Each visit models positive parent–child interaction, positive behaviours and language/literacy skill development
- A home visiting record is kept of each visit (case notes)
- Books and toys that are brought to the homes are the curricular materials and gifts to the families
- The service is evaluated using two scales: Child Behavioural Traits (CBT) and Parent and Child Together (PACT)
- Ongoing professional development is promoted through weekly staff meetings





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## What you will receive:

- Use of evidence-based PCHP materials
- Three-day training for co-ordinators
- All technical, administrative and curricular materials needed to implement PCHP (including DVDs, manuals, forms, assessment tools, and other materials to be used in training and implementing the programme)
- Intensive technical assistance by telephone, by e-mail, through additional written materials, and in-person during site visits
- Implementation support for two years
- Networking and peer-learning with other PCHP sites
- Permission to reproduce and use all the PCHP Inc. copyrighted technical, curricular, and administrative materials.



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To express your interest in bringing PCHP to your area, please get in touch with us by **31 July 2018**.

Please complete the attached form and return to [rachelt@familylives.org.uk](mailto:rachelt@familylives.org.uk)

If you have any questions about PCHP and this offer, please contact either Pamela Park – [pamelap@familylives.org.uk](mailto:pamelap@familylives.org.uk) or Rachel Tonkin – [rachelt@familylives.org.uk](mailto:rachelt@familylives.org.uk)



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